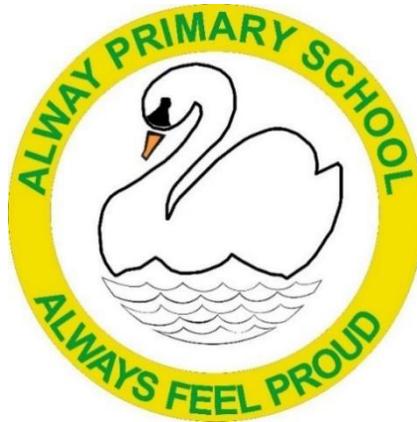


# Alway Primary

## Child-Friendly Anti-Bullying Policy 2023-24



What is bullying?

A bully is someone who hurts someone more than once. Bullying is where someone does something hurtful to another over and over again, which is meant to make them upset or frightened.





**There are many types of bullying; It is not teasing or playing a joke, it's serious and a safe grown up needs to know.**

**Emotional:**

- Hurting people's feelings, leaving them out, bossing them about (controlling).

**Through a 3rd person:**

- Sending a friend with horrid messages.

**Physical:**

- Punching, kicking, spitting, hitting, pushing.

**Verbal:**

- Being teased, name calling, rude comments.

**Racist:**

- Saying nasty things about someone because of the colour of their skin, their religious beliefs or their **culture**.

**Cyber:**

- Saying unkind things by texts, e-mail or online.

**Bullying is not:**

- A 'fall out' with a friend.
- An accident.
- Something that happens only the one time.
- A one-off physical act of aggression e.g. pushing someone -falling out
- A difference of opinion or view.

**We Will all work together to S.T.O.P bullying.**



We want to make everyone feel safe and happy. Bullying can make people feel frightened and unhappy.

**To deal with bullying we will help everyone:**

- To get on well together.
- Respect and understand each other.
- To believe that everyone has the right to be who they are.

What should I do if I'm being bullied?

## Start Telling Other People

### DO:

- Ask them to STOP, if you can.
- Use eye contact and tell them to go away.
- Ignore them and walk away.
- Talk to a friend.
- Tell someone and get help straight away.
- Remember it is NOT your fault.

### DON'T:

- Try not to react.
- Think it is your fault.
- Hide it.
- Do as the bully say.

What should I do if I see someone else being bullied?

- Tell an adult straight away. Don't stay silent or the bullying will keep happening.
- Tell the bully to STOP if it is safe to do so.
- Comfort the person who has been a victim of bullying and tell them to speak to someone.
- Reassure them it is not their fault.

## Start Telling Other People

How do the My Happy Mind Ambassadors help?

- Ambassadors are on duty every lunch and break times.
- They can listen and help you solve friendship problems.
- They will help you tell an adult.
- They will reassure you that friendship problems will be solved.
- Work with Mr Hughes to prevent bullying at Alway Primary.
- Run projects and workshops to improve wellbeing and encourage positive friendships.
- Make you feel safe.

# Start Telling Other People

## What will happen if I tell someone I am being bullied?

- We will always treat bullying seriously.
- We will deal with it immediately.

Process and Steps Taken	
What will happen to you	What will happened to the 'bully'
You will be listened to, and notes made about the incident.	The perpetrator will be spoken to about the incident.
The incident will be fully investigated	The incident will be fully investigated.
Child or children will be reminded that we expect the bullying to stop.	Child or children will be told that bullying is not acceptable, and we expect it to stop immediately.
Mr. Hughes or Mrs. Heslop will speak with parents.	Mr. Hughes or Mrs. Heslop will speak with parents.
Restorative approach meeting with all involved led by the feelings and needs of you	Restorative approach meeting to resolve breakdown in relationship.
Regular check ins from class teacher and SLT members.	Regular monitoring of individual\s involved in the bullying.
Plans and changes put in place to prevent incidents from happening again (if necessary)	sanctions put in place if necessary. e.g. loss of privileges, exclusion.

Use your Helping Hand and talk to someone you trust.

Who are your 5 people?

